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|  | **Jumps** | **Standing Tumbling** | **Running Tumbling** | **Stunting** | **Tosses** | **Pyramids** |
| **1 Point** | Single Jump | Forward & Backwards Rolls | Cartwheel/Roundoff | Prep Level Double Leg Stunts Basic Load-ins, Transitions & Dismounts (Straight Cradle) | Straight Toss Basket | Prep Level Double or Single Leg Structure with…-one structure |
| **2 Points** | 2 connected jumps  | Cartwheels, Round-Offs, Back Walkovers | Aerial & Roundoff - BH Series/ Front-Hand Series | Prep Level Sing Leg StuntsExtended Double Leg Stunts- Basic Load-ins, Transitions & Dismounts (½ up to prep, Full Downs) | One Skill, Non-Twisting Basket | Extended Double Leg Structure with… -a top person in an extended position- one structure |
| **3 Points** | 3 connected jumps (with at least one repeating)(3.5 if any connected to tumbling)  | Back Handspring & Back Handspring Series(3.5 for Aerial) | Roundoff- BH Tuck | Extended Single Leg Stunt & Two-Man Prep-Level Stunts with Some Variety in Load-ins, Transitions & Dismounts (Liberty, Full-up to Prep, Full Downs, Tumbling into Stunts w/o rebound in, etc).  | Full Twist Basket | Extended Single Leg Structures with…- a top person in an extended position- one release transitions - one inversion- one structure |
| **4 Points** | 3 different connected jumps (4.5 if majority connected to back handspring) | Back Tuck   | Roundoff- BH LayoutRoundoff- Front Tucks | Advanced Extended Single Leg Stunts & Two-Man Extended Level Stunts with Advanced Transitions/Dismounts- (Stretch, Scale, Scorpion, Arabesque, Bow & Arrow) (1/2 up to extension, Full Downs, Tumbling with rebound in, etc)  | Two Skills, Non-Twisting Basket | Extended Single Leg Structures with…- a top person in an extended position-two release transitions - two inversions-two structure changes |
| **5 Points** | 3 different connected jumps connected to Back-hand Tucks or Standing Tucks(majority of squad) | Back-Hand Tuck Sequence | Roundoff- BH Full | Connected Advanced Extended Single Leg Stunts & Two-Man Extended Level Single Leg Stunts with Elite Transitions/Dismounts (Full-ups, Switch-ups, Fold-Overs, Kick-Fulls, etc) | One Skill + Full Twist Basket | Extended Single Leg Structures with…- a variety of top people in extended positions- two release transitions - three or more inversions-three or more structure changes- quick transitions |
| **NOTES:** |  | \*NOTE: Teams doing a majority of a skill, but with some advanced skills will receive an additional .5 | \*NOTE: Teams doing a majority of a skill, but with some advanced skills will receive an additional .5 | Teams doing the above skills with a majority ratio of their team members and without front spots will receive an additional .5 for the skill(s) performed. | Teams doing the above skills with a majority ratio of their team members will receive an additional .5 for the skill(s) performed. | Teams maximizing the number of team members doing a skill or structure without front spots will receive an additional .5 for the skill(s) performed. |